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## DRUG POLICY

# Olumiant (baricitinib)

### NOTICE

This policy contains information which is clinical in nature. The policy is not medical advice. The information in this policy is used by Wellmark to make determinations whether medical treatment is covered under the terms of a Wellmark member's health benefit plan. Physicians and other health care providers are responsible for medical advice and treatment. If you have specific health care needs, you should consult an appropriate health care professional. If you would like to request an accessible version of this document, please contact customer service at 800-524-9242.

### BENEFIT APPLICATION

Benefit determinations are based on the applicable contract language in effect at the time the services were rendered. Exclusions, limitations or exceptions may apply. Benefits may vary based on contract, and individual member benefits must be verified. Wellmark determines medical necessity only if the benefit exists and no contract exclusions are applicable. This medical policy may not apply to FEP. Benefits are determined by the Federal Employee Program.

### DESCRIPTION

The intent of the Olumiant drug policy is to ensure appropriate selection of patients for therapy based on product labeling, clinical guidelines and clinical studies while steering utilization to the most cost-effective medication within the therapeutic class. For this program, Humira, Enbrel, and Xeljanz/Xeljanz XR are the preferred products. The criteria will require the use of two of the health plan's preferred products before the use of non-preferred products unless there are clinical circumstances that exclude the use of all the preferred products, or the patient is currently receiving treatment with the non-preferred drug and experience a positive therapeutic outcome.

The indications below including FDA-approved indications and compendial uses are considered covered benefits provided that all the approval criteria are met and the member has no exclusions to the prescribed therapy.

#### FDA-Approved Indication

Olumiant is indicated for the treatment of adult patients with moderately to severely active rheumatoid arthritis who have had an inadequate response to one or more TNF antagonist therapies.

#### FDA Emergency Use Authorization (EUA)

Olumiant (baricitinib) is authorized by FDA for the emergency use, in combination with remdesivir, for treatment of suspected or laboratory confirmed coronavirus disease 2019 (COVID-19) in hospitalized adults and pediatric patients 2 years of age or older requiring supplemental oxygen, invasive mechanical ventilation, or extracorporeal membrane oxygenation (ECMO).

While the safety and effectiveness of this investigational therapy for use in the treatment of COVID-19 continues to be evaluated, baricitinib, in combination with remdesivir, was shown in a clinical trial to reduce time to recovery within 29 days after initiating treatment compared with patients who received a placebo with remdesivir.

Olumiant (baricitinib) is authorized only for the duration of the declaration that circumstances exist justifying the authorization of the emergency use of baricitinib under section 564(b)(1) of the Act, 21 U.S.C. § 360bbb-3(b)(1), unless the authorization is terminated or revoked sooner.

## **POLICY**

Must meet BOTH the Preferred Drug Plan Design and Criteria for Initial Approval/Continuation of Therapy when both are applicable.

### Preferred Drug Plan Design

#### **A. Rheumatoid Arthritis**

Criteria for initial approval for rheumatoid arthritis will only apply when at least ONE of the following criteria are met:

1. Member has had an inadequate response to treatment or intolerable adverse event with at least TWO of the preferred products (Enbrel, Humira and Xeljanz/Xeljanz XR)
2. Member has a clinical reason to avoid Enbrel and Humira (See Appendix A) AND has had an inadequate response to treatment or intolerable adverse event with the preferred product Xeljanz/Xeljanz XR
3. Member is currently receiving treatment with the requested product through insurance (excludes obtainment as samples or via manufacturer's patient assistance programs) and experiencing a positive therapeutic outcome

### Criteria for Initial Approval

#### **A. Moderately to severely active rheumatoid arthritis (RA)**

1. Authorization of 12 months may be granted for members who have previously received a biologic or targeted synthetic DMARD (e.g., Rinvoq, Xeljanz) indicated for moderately to severely active rheumatoid arthritis.
2. Authorization of 12 months may be granted for treatment of moderately to severely active RA for members who have experienced an inadequate response to at least one tumor necrosis factor (TNF) inhibitor.

### Continuation of Therapy

Authorization of 12 months may be granted for all members (including new members) who are using Olumiant for an indication outlined in the criteria for initial approval and who achieve or maintain positive clinical response as evidenced by low disease activity or improvement in signs and symptoms of the condition.

### Other

For all indications: Member has had a documented negative TB test (which can include a tuberculosis skin test [PPD], an interferon-release assay [IGRA], or a chest x-ray)\* within 6 months of initiating therapy for persons who are naïve to biologic DMARDs or targeted synthetic DMARDs associated with an increased risk of TB, and repeated yearly for members with risk factors\*\* for TB that are continuing therapy with biologics.

\* If the screening testing for TB is positive, there must be documentation of further testing to confirm there is no active disease. Do not administer baricitinib to members with active TB infection. If there is latent disease, TB treatment must be started before initiation of baricitinib.

\*\* Risk factors for TB include: Persons with close contact to people with infectious TB disease; persons who have recently immigrated from areas of the world with high rates of TB (e.g., Africa, Asia, Eastern Europe, Latin America, Russia); children less than 5 years of age who have a positive TB test; groups with high rates of TB transmission (e.g., homeless persons, injection drug users, persons with HIV infection);

persons who work or reside with people who are at an increased risk for active TB (e.g., hospitals, long-term care facilities, correctional facilities, homeless shelters).

For all indications: Member cannot use Olumiant concomitantly with any other biologic DMARD or targeted synthetic DMARD.

Olumiant is considered **not medically necessary** for members who do not meet the criteria set forth above.

Note: Prior Authorization not required for when used in accordance with the FDA's EUA in hospitalized patients.

#### Dosage and Administration

Approvals may be subject to dosing limits in accordance with FDA-approved labeling, accepted compendia, and/or evidence-based practice guidelines.

#### Quantity Limits Apply

Olumiant - 30 tablets per 30 days

#### Appendix

##### **Appendix A: Clinical reasons to avoid TNF-inhibitors**

1. History of demyelinating disorder
2. History of congestive heart failure
3. History of hepatitis B infection
4. Autoantibody formation/lupus-like syndrome
5. Risk of lymphoma

## **PROCEDURES AND BILLING CODES**

**To report provider services, use appropriate CPT\* codes, Alpha Numeric (HCPCS level 2) codes, Revenue codes, and/or ICD diagnostic codes.**

## **REFERENCES**

- Olumiant [prescribing information]. Indianapolis, IN: Lilly USA, LLC; July 2020.
- Tuberculosis (TB). TB risk factors. Centers for Disease Control and Prevention. Retrieved on 21 June 2019 from: <https://www.cdc.gov/tb/topic/basics/risk.htm>.
- FDA News release. Food and Drug Administration Web site. <https://www.fda.gov/news-events/press-announcements/coronavirus-covid-19-update-fda-authorizes-drug-combination-treatment-covid-19>. Accessed November 20, 2020.

\*Some content reprinted from CVSHealth

## **POLICY HISTORY**

**Policy #:** 05.02.56

**Original Effective Date:** December 19, 2018

**Reviewed:** January 2021

**Revised:** January 2021

**Current Effective Date:** March 12, 2021