

# COVID-19 vaccine

## HERE'S WHAT YOU NEED TO KNOW

The COVID-19 vaccine is becoming more widely available to certain populations. Don't let misinformation or hearsay cloud your judgement about this effective preventive service. Here are some facts that will provide answers to some questions you may have around the vaccine for the novel coronavirus.

### Approved vaccinations

for use\*:



**Pfizer**

2 doses, 21 days apart  
95% effective against COVID-19



**Moderna**

2 doses, 28 days apart  
94.1% effective against COVID-19



**Johnson & Johnson**

1 dose  
72% effective against COVID-19

All vaccines authorized or nearing authorization appear to be 100% effective in preventing hospitalizations and deaths from COVID-19.

### Is it safe?

**YES.** The COVID-19 vaccine — and all vaccines for that matter — go through numerous clinical trials to evaluate their safety and effectiveness. The Food and Drug Administration has reviewed the clinical trial data and has authorized the Pfizer, Moderna, and Johnson & Johnson vaccines for emergency use. The safety of the vaccines is also continually monitored following the FDA's review and approval. If you have concerns about whether you should receive the vaccine, speak to your doctor or pharmacist.

### Can I get COVID-19 from the vaccine?

**NO.** All the vaccines that have currently completed or are nearing completion of clinical trials do not contain live strains of coronavirus and can't cause you to develop COVID-19. After the vaccination, you might experience mild side effects, such as fatigue, fever, aches and pains, or pain at the injection site — much like a flu vaccination.

\*Approved vaccines as of Feb. 27, 2021, for emergency use by the Federal Drug Administration.  
<https://www.fda.gov/emergency-preparedness-and-response/coronavirus-disease-2019-covid-19/covid-19-vaccines>

### What are the potential side effects?

On the arm where you got the shot:

- Pain
- Swelling

Throughout the rest of your body:

- Fever
- Chills
- Tiredness
- Headache

It's perfectly normal to experience some side effects. But contact your health care provider:

- If the redness or tenderness at the injection site increases after 24 hours.
- If your symptoms worsen or they do not seem to be going away after a few days.



## When can I get it?

Visit your state's health department for more information on vaccination availability.

- In Iowa: [idph.iowa.gov](http://idph.iowa.gov)
- In South Dakota: [doh.sd.gov](http://doh.sd.gov)

## Is it covered by insurance?

**YES.** The COVID-19 vaccine and its administration will be covered at no out-of-pocket cost to you throughout the public health emergency. After the public health emergency ends, the COVID-19 vaccine and its administration will be covered as an Affordable Care Act (ACA) preventive service at no member cost-share, if applicable under your health plan.

### Fact sheet sources:

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html>

<https://idph.iowa.gov/Emerging-Health-Issues/Novel-Coronavirus>

<https://doh.sd.gov/COVID/>



## GET IMPORTANT UPDATES REGARDING COVID-19

As the pandemic continues and more information about the vaccine is released, check back with Wellmark for the most up-to-date answers to top questions regarding COVID-19 and your health plan. Additionally, look to the Centers for Disease Control and Prevention and your state's health department for the latest and most accurate information. At Wellmark, our top priority is the health and well-being of our members. Visit [Wellmark.com/Coronavirus](http://Wellmark.com/Coronavirus) for more information.

Wellmark complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, los servicios de asistencia de idiomas se encuentran disponibles gratuitamente para usted. Comuníquese al 800-524-9242 o al (TTY: 888-781-4262).

注意：如果您说普通话，我们可免费为您提供语言协助服务。请拨打 800-524-9242 或（听障专线：888-781-4262）。

ACHTUNG: Wenn Sie deutsch sprechen, stehen Ihnen kostenlose sprachliche Assistenzdienste zur Verfügung. Rufnummer: 800-524-9242 oder (TTY: 888-781-4262).



Wellmark Blue Cross and Blue Shield of Iowa, Wellmark Health Plan of Iowa, Inc., Wellmark Value Health Plan, Inc. and Wellmark Blue Cross and Blue Shield of South Dakota are independent licensees of the Blue Cross and Blue Shield Association.

Blue Cross®, Blue Shield® and the Cross® and Shield® symbols are registered marks of the Blue Cross and Blue Shield Association, an Association of independent Blue Cross and Blue Shield Plans. Wellmark® is a registered mark of Wellmark, Inc.

© 2021 Wellmark, Inc.