



## LOCAL RESOURCES FOR PEOPLE WITH DIABETES

### DIABETES EDUCATION

Diabetes education for Type 1, Type 2 and Gestational Diabetes  
Free Diabetes Support group

#### **Burgess Health Center Diabetes Education- ADA Recognized**

1600 Diamond St  
Onawa, IA 51040  
Phone: 712-423-2311, ext. 268

### EXTENSION SERVICES

Health and nutrition information

#### **Crawford County**

35 South Main St  
Denison, IA 51442  
Phone: 712-263-4697

#### **ISU Harrison County**

304 E. 7th St  
Logan, IA 51546  
Phone: 712-644-2105

#### **ISU Monona County**

119 Iowa Ave  
Onawa, IA 51040  
Phone: 712-423-2175

#### **Woodbury County**

4301 Sergeant Rd Suite 213  
Sioux City, IA 51106  
Phone: 712-276-2157

### HEALTH CARE CLINICS

Diabetes care and management

#### **Burgess Family Clinic – Dunlap**

612 Iowa Ave  
Dunlap, IA 51529  
Phone: 712-643-5880

#### **Burgess Family Clinic – Sloan**

409 Evans St  
Sloan, IA 51055  
Phone: 712-428-4100

#### **Family Medicine Clinic**

1614 Diamond St PI  
Onawa, IA 51040  
Phone: 712-423-1525

#### **Garred Clinic**

153 Blair St  
Whiting, IA 51063  
Phone: 712-455-2431

#### **Maple Valley Mercy Medical Clinic**

111 S 5th  
Mapleton, IA 51034  
Phone: 712-882-2234

#### **Midwest Health and Wellness Center**

513 S Muckey St  
Mapleton, IA  
Phone: 712-882-2200

### HOME HEALTH CARE

Blood pressure screenings, blood sugar screenings, community education, and home visits.

#### **Burgess Home Health and Hospice**

1600 Diamond St  
Onawa, IA 51040  
Phone: 712-423-9265

## **Crawford County Home Care and Hospice**

105 N. Main  
Denison, IA 51442  
Phone: 712-263-3303

## **Harrison County Home and Public Health Care**

116 N. 2nd Ave  
Logan, IA 51546  
Phone: 712-644-2220

## **Heights Home Health**

114 N. 4th St., Ste C  
Mapleton, IA 51034  
Phone: 712-881-7144

## **Monona County Public Health Nursing**

610 Iowa Ave  
Onawa, IA 51040  
Phone: 712-433-1773

## **Siouxland District Health**

1014 Nebraska St  
Sioux City, IA 51105  
Phone: 712-279-6119

## **HOSPITAL**

### **Burgess Health Center**

1600 Diamond St  
Onawa, IA 51040  
Phone: 712-423-9268

#### ***Also Offering***

Specialty Clinics  
• Feet • Eyes • Kidneys  
Wellness Screens  
Cardiac Rehab

## **PHARMACIES**

Diabetes medications, blood glucose meters/supplies, skin care products, diabetic foot ware, and other durable medical equipment.

### **Dunlap Family Pharmacy**

612 Iowa Ave  
Dunlap, IA 51529  
Phone: 712-643-5162

### **Maier Family Pharmacy**

411 Main St  
Mapleton, IA 51034  
Phone: 712-881-1033

### **Pamida Pharmacy**

2220 Iowa Ave  
Onawa, IA 51040  
Phone: 712-423-3683

### **Stangel's Pharmacy**

821 Iowa Ave  
Onawa, IA 51040  
Phone: 712-423-1131

### **Whiting Family Pharmacy**

723 Whittier St  
Whiting, IA 51063  
Phone: 712-458-2500

## **DIABETES WEB SITES**

#### ***Learn more about:***

Nutrition  
Diabetes care  
Diabetic supplies  
Best practice for medical care with persons with diabetes

### **American Diabetes Association**

Phone: 1-800-342-2383  
[www.diabetes.org](http://www.diabetes.org)

### **Calorie Counting**

[www.calorieking.com](http://www.calorieking.com)

### **Diabetes With Children**

[www.diabeteswithchildren.com](http://www.diabeteswithchildren.com)

### **Diabetes 123**

[www.diabetes123.com](http://www.diabetes123.com)

## **OTHER HEALTH CARE PROVIDERS**

***Check your Local Phone Directory for Specialists in these Categories:***

Eye  
Foot  
Heart  
Kidney  
Teeth