

Meet the Faces of Diabetes

Inspiring us to live healthier



Paul Riffle
Football Coach, Substitute Teacher
Mapleton, Iowa. Type 2
"I skip desserts and eat smaller portions."



Charles Persinger
Retired Farmer – Onawa, Iowa. Type 2
"Burgess Health Center diabetes classes helped educate me."



Emily Moser
High School Senior
Onawa, Iowa. Type 1
"I work, cheerlead, and keep busy like most teens."

Attend a Faces of Diabetes educational program at one these sites and dates

Onawa Public Library
Tuesday, September 18 at 5 p.m.

Danbury Public Library
Tuesday, October 9 at 2 p.m.

Dunlap Public Library
Tuesday, October 15 at 7 p.m.

Whiting Public Library
Saturday, October 27 at 1:30 p.m.

Mapleton Public Library
Thursday, November 1 at 7 p.m.

Logan Public Library
Monday, November 5 at 7 p.m.

Sloan Public Library
Friday, November 16 at 10 a.m.

Libraries and dates for 2008 will be announced at a later time.



BURGESS
Health Center
Onawa, Iowa



For more information call: 712.423.9268
www.burgesshc.org

Check out new diabetes materials donated to your local library.