

## Speakers

### Mary Ersek, PhD, RN



Mary Ersek, PhD, RN, is a Director of Research, Center for Nursing Excellence, at the Swedish Medical Center, Providence Campus. Her clinical practice has encompassed hospice and palliative care, oncology and critical care.

Dr. Ersek's areas of research are pain and end-of-life care, with a focus on older adults. Her projects include development and evaluation of a comprehensive curriculum to enhance the palliative care knowledge, skills, and confidence of nursing home staff. Her research group also has developed and tested a CD-ROM based end-of-life educational program for nursing assistants working in all clinical settings. Other funded studies include two randomized controlled trials, one assessing the efficacy of a pain self-management group for older adults with persistent pain and the other evaluating the effectiveness of a pain management algorithm designed for nursing homes. Another research project focuses on the cognitive effects of opioids in older adults.

Dr. Ersek's professional involvement includes active membership in the Hospice and Palliative Nurses Association, Gerontological Society of America, American Pain Society, and the American Geriatrics Society. She is also a member of the Washington State Board of Nursing Home Administrators.

### Anna DuPen, ARNP

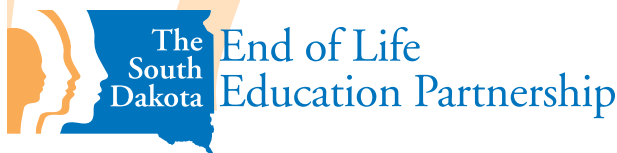


Anna DuPen, ARNP is a nurse practitioner at Swedish Medical Center, Seattle, WA. Ms. DuPen has specialized in pain management and palliative care for over 20 years. Her clinical practice includes management of complex pain issues in older adults living in the community as well as those cared for in nursing homes. She has been a co-investigator on two NIH-funded studies that examined the impact of clinician education on pain management, including a current project focused on assessing and treating pain in nursing home residents. She has written and presented extensively on issues in pain management.

# End of Life Care & Pain Management

## Assessing and Managing Pain in the Older Adult

November 17, 2006  
Sioux Falls, SD



2300 N Career Ave, Suite 260 • Sioux Falls, SD 57107

**Linda Benedict, MA, RN**  
USD Department of Nursing

**LuAnn M. Eidsness, MD**  
USD Sanford School of Medicine

**Holly Hoing, RN**  
Countryside Hospice

**June Larson, MS, RN**  
USD Department of Nursing

### Lindsey Rounds

Comprehensive Cancer Control Program of South Dakota

**Sandy Young, RN, MS, CNS**

Sioux Valley Hospital USD Medical Center



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## Seminar Schedule

Friday, November 17, 2006

**Speakers:** Mary Ersken, PhD, RN  
Ann DuPen, ARNP

### Session One

- 8:00 - 8:30** Registration
- 8:30 - 8:45** Welcome and Introduction
- 8:45 - 10:00** Assessing Pain in Older Adults: Challenges and Opportunities
- 10:00 - 10:30** Break
- 10:30 - 11:30** Assessing Pain in Elders with Severe Cognitive Impairment: Piecing Together the Puzzle
- 11:30 - 12:00** Response Panel Questions and Answers
- 12:00 - 1:00** Lunch

### Session Two

- 1:00 - 2:30** Pain Management, Part 1: Basic Principles
- 2:30 - 2:45** Break
- 2:45 - 3:45** Pain Management, Part 2: Case Studies
- 3:45 - 4:00** Questions and Answers Closing and Evaluation

## Who Should Attend

The target audience for this event is geriatric nurses, hospice nurses, palliative care nurses, parish nurses, oncology nurses, nurse educators, nursing students, nurse ethicists, nurse researchers and all interested health professionals who are committed to quality end of life and palliative care.

## Objectives:

- To describe strategies for assessing pain in older adults, including those with severe cognitive impairment.
- To discuss appropriate, evidence-based pharmacological approaches for managing pain in older adults.

## Cost:

\$25 includes breaks, luncheon and conference materials

## Location:

Sheraton Sioux Falls & Convention Center  
1211 West Avenue North  
Sioux Falls, South Dakota 57104  
Phone: (605) 331-0100  
Fax: 605-339-7852

This Conference is offered by the South Dakota End of Life Partnership and funded in part by a grant from the Wellmark Foundation.

Registration Fee: **\$25.00**  
Make Checks payable to: **USD - End of Life**

## Registration Form

### November 17, 2006 Conference

Registration Deadline: **Monday, November 13, 2006**

**Return completed Registration Form and Fee to:**  
South Dakota End of Life Education Partnership  
Att: Linda Benedict  
2300 N. Career Avenue, Suite 260  
Sioux Falls, SD 57107

### Please complete the following:

Name \_\_\_\_\_

- Geriatric Nurse
- Hospice Nurse
- Palliative Care Nurse
- Parish Nurse
- Oncology Nurse
- Nurse Educator
- Nursing Student
- Nurse Ethicist
- Other \_\_\_\_\_

Organization: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_

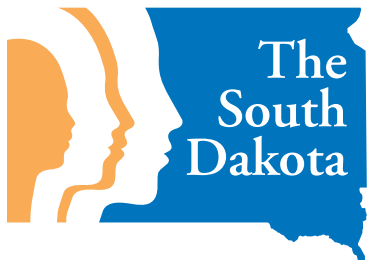
State: \_\_\_\_\_

Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Email: \_\_\_\_\_



The South Dakota  
End of Life  
Education Partnership

**Questions: Contact Linda Benedict at  
Linda.Benedict@usd.edu or by calling 605-782-3254**