

2007 LifeCircle South Dakota Annual Conference

Track 1

Mary Lynn McPherson, PharmD, BCPS, CDE Advanced Pain and Symptom Management at End of Life

Dr. McPherson is a Professor in the Department of Pharmacy Practice and Science. She serves as a consultant pharmacist for both local and national hospice and palliative care programs, and has designed a critical thinking process for appropriate drug use in end of life patients. She serves on the Board of the Hospice Network of Maryland, chairing the Education and Outreach Committee. She also serves on the Board of the Maryland Pain Initiative and the Advisory Board of the American Society of Pain Educa-



tors. Dr. McPherson teaches extensively in the Pharm.D. curriculum on pain management and end of life care, including didactic and experiential content. McPherson also serves as a primary care pharmacist and Director of Pharmacotherapy Services at UniversityCare Waxter in Baltimore. She also developed one of the first and few palliative care pharmacy residencies in the United States. McPherson is a Fellow in the American Pharmacists Association, American Society of Health-Systems Pharmacists and American Society of Consultant Pharmacists. She has received many honors for her work, including the American Pharmacists Association Distinguished Achievement Award in Specialized Practice and the Maryland Pharmacists Association Innovative Practice Award. She has written three books, and many chapters and peer-reviewed articles on pain management, palliative care, and other topics.

Track 2

Judith Howard, MLS, Media Services Librarian, Augustana College

When Augustana students and faculty are stumped to find resources for projects demanding answers, Judith is a master problem-solver. With her background in library science, she has conducted an array of classes on information literacy. This session will help attendees become better consumers of internet-based information on end-of-life issues.

Ellen L. Schellinger, MA, Center for Ethics and Caring Sanford USD Medical Center

Ellie, along with Andrew, will engage participants in one of the ethical dilemmas faced at end-of-life: What happens when the wishes of patients and families collide? This will be a lively examination of tough issues, drawing on the presenters' and audience expertise and experience in living with the questions and striving for resolution.

Carol Rogers, MA, Art Therapist, Avera Behavioral Health

As an art therapist, Carol works intensively with people who are coping with mental health issues. She has presented to various groups about the merits of art therapy. Carol will explore art as a means of healing, self-discovery, and therapy at end-of-life, and will engage participants in exploring how art can be a form of self-expression.

Andrew Burnett, PhD, Director, Bioethics Program, Augustana College

Andrew, along with Ellie, will engage participants in one of the ethical dilemmas faced at end-of-life: What happens when the wishes of patients and families collide? This will be a lively examination of tough issues, drawing on the presenters' and audience expertise and experience in living with the questions and striving for resolution.

Nancy S. Dickinson, Registered Yoga Teacher, Yoga Alliance and Augustana College

For Nancy, yoga creates awareness in the body and a means to engaging the mind. As a person who teaches English grammar and yoga at Augustana and who has also acquired her license as a massage therapist, Nancy is one who embraces the importance of balance between mind, body, and spirit. Whether yoga is foreign or familiar, attendees will be introduced to the "basics," and experience this philosophy as a form of stress release.

Diane Josephson, MA, APRN-BC, Assistant Professor Department of Nursing, Augustana College

If anyone is fluent in understanding issues facing the underserved, minorities, and people of color, it is Diane. Working for years with the Health Action Model, the Banquet, the Good Shepherd Center, Urban Indian Affairs, and the Homeless Coalition, Diane has had deep and rich experiences. She will be accompanied by representatives from the Native American, Muslim, and Hispanic communities in Sioux Falls, who will share perspectives of culture, race/ethnicity, and religion in the facing end-of-life.