

Hospice care may be right for you if:

- ♦ you have a limited life expectancy due to your illness
- ♦ you seek comfort care rather than curative care for your end-stage illness

Who pays for hospice care?

Care from Hospice of Central Iowa is covered by Medicare, Medicaid and most private insurance plans. No one is turned away from Hospice of Central Iowa because of financial need. We work with families to ensure hospice care is affordable and available to their loved ones, even if they are not covered by one of the above sources.

Medicare Hospice Benefits

Most people receive Medicare benefits when they reach age 65. **Medicare includes a hospice benefit, which covers virtually all health care costs related to the terminal illness.** The patient is only responsible for small co-payments for medications and respite care related to the terminal illness.

Serving patients and their families in central, south-central and southeast Iowa.

The Bright Center
401 Railroad Place
West Des Moines, IA 50265-4730
(515) 274-3400
(800) 806-9934
clinical fax (515) 271-1302
admin. fax (515) 274-1137

Kavanagh House on 56th Street
900 56th Street
Des Moines, IA 50312-1806
(515) 255-0857

Kavanagh House on Grand Avenue
1821 Grand Avenue
West Des Moines, IA 50265-5098
(515) 327-1172

Boone Office
811 Story Street
Boone, IA 50036-2712
(515) 432-4060 and (800) 334-1052

Centerville Office
118 East Jackson Street
Centerville, IA 52544-1708
(641) 856-5502 and (800) 500-2614

Knoxville Office
213 East Main, Suite 103
Knoxville, IA 50138-2526
(641) 842-4312 and (800) 350-9209

Mount Ayr Office
107 South Fillmore Street
Mount Ayr, IA 50854-1823
(641) 464-2088 and (888) 464-7222

Mount Pleasant Office
204 South Jefferson Street, Suite 103
Mount Pleasant, IA 52641-2161
(319) 385-4472 and (888) 385-4472

Perry Office
1205 Second Street
Perry, IA 50220-1507
(515) 465-4705 and (888) 206-0080

Hospice
OF CENTRAL IOWA

401 Railroad Place
West Des Moines IA 50265-4730

Visit our web site:
www.hospiceofcentraliowa.org
to learn more about:

- ♦ common questions and answers about hospice care
- ♦ end-of-life planning
- ♦ caregiving tips and education
- ♦ career opportunities
- ♦ continuing education seminars for health care professionals
- ♦ grief support groups and resources
- ♦ special speakers for community groups
- ♦ donating to Hospice of Central Iowa
- ♦ becoming a volunteer

Hospice
OF CENTRAL IOWA 
Comfort. Dignity. Peace of Mind.



caring for
individuals
and
families on the
end-of-life
journey

*Quality of life at the end of life through compassionate care
for all individuals and their families.*

www.hospiceofcentraliowa.org

Comfort. Dignity. Peace of Mind.

Quality of life at the end of life through compassionate care...

The aim of hospice care is to help people live comfortably with a life-limiting illness. At Hospice of Central Iowa, we help individuals live their remaining time to the fullest. Our approach to care is designed to maximize quality of life by uniting the most current pain and symptom management strategies with superior nursing care and comprehensive counseling services.

...for all individuals...

Living with a terminal illness can be physically, emotionally and financially demanding. Every year, the Hospice of Central Iowa Foundation provides hundreds of thousands of dollars to patients and families who need assistance during this difficult time.

The generosity of our donors ensures that no patient is ever turned away because of an inability to pay. These funds also help pay for complementary therapies and other innovative assistance which we offer to patients and their families.

...and their families.

Hospice of Central Iowa cares for terminally-ill individuals *and* the people close to them. We provide education and counseling to families and friends and offer grief support for up to one year.

The Kavanagh Houses

In 1993, Hospice of Central Iowa opened Kavanagh House, one of Iowa's first residential hospice facilities. Demand for its services prompted us to open a second Kavanagh House in 1996. The Kavanagh Houses were created for patients who need round-the-clock hospice care. They offer expert hospice care, private bedrooms and family amenities in a quiet, home-like setting.

Hospice Care is All We Do.

Founded in 1978, Hospice of Central Iowa is the state's oldest and largest hospice care provider. As an independent, not-for-profit organization, we have one purpose: *providing quality of life at the end of life through compassionate care to all individuals and their families.* Our staff and volunteers receive specialized education on end-of-life issues to help them provide expert care to patients and their families.

Hospice of Central Iowa brings exceptional quality care to patients wherever they are living: at home, in long-term care facilities, in hospitals or in residential hospice facilities. Our locally-staffed offices throughout central, south-central and southeast Iowa serve patients and their families in 34 counties.

Quality of life for all

Hospice of Central Iowa serves all hospice-eligible people without regard to race, creed, color, religion, gender, physical or mental disability, marital status, sexual orientation, veteran status, national/ethnic origin, age, diagnosis, ability to pay or any other characteristic.

We Set the Standard for Excellence.

Hospice of Central Iowa has earned a reputation for its responsiveness, sensitivity and expertise in quality end-of-life care because:

- *Our staff is on-call 24 hours a day, seven days a week* both to care for current patients and their families and to help new patients.
- *We require our nurses to become certified in hospice and palliative care within three years of employment.* This additional training helps them better meet the unique needs of terminally-ill patients.
- *We provide services to the entire community,* including grief and loss counseling, support groups, caregiving programs and resources to help patients and families on the end-of-life journey.
- *We do not turn patients away* if they are unable to pay or need expensive care. The Hospice of Central Iowa Foundation ensures we are able to serve anyone who needs our care.

The Hospice Care Team

The Hospice of Central Iowa care team provides expert medical care, pain management, emotional support and spiritual guidance. At the heart of the hospice team are the patient, family caregivers and the patient's physician. Patients and families choose the services right for them, and our hospice professionals work together to fill those needs. Members of the Hospice of Central Iowa care team include:

- **Patients and Families** who guide the team's efforts
- **Patient's Physician** and/or a **Hospice of Central Iowa Medical Director**
- **Nurses** who:
 - ♦ assist with pain and symptom management
 - ♦ teach care practices to the patient and family
- **Home Health Aides** who:
 - ♦ help the patient bathe, walk and get in and out of bed
 - ♦ remind the patient to take medications
 - ♦ change linens and do light housekeeping
- **Social Workers** who:
 - ♦ help the patient and family manage ongoing challenges
 - ♦ provide information about financial assistance, hired caregivers and end-of-life planning
- **Chaplains** who:
 - ♦ support patient and caregiver spiritual needs as requested
 - ♦ respect patient and caregiver spiritual systems
- **Pharmacists, Therapists, Dieticians** and others who:
 - ♦ offer special skills, therapies and knowledge to meet the unique needs of the patient and family
- **Trained Volunteers** who:
 - ♦ help with errands or prepare light meals
 - ♦ can assist with personal care or provide relief for caregivers
 - ♦ provide transportation to medical appointments
- **Bereavement Counselors** who:
 - ♦ offer counseling after the death of a loved one
 - ♦ provide educational materials and learning opportunities
 - ♦ offer support for up to one year

To learn more about hospice care, call one of our referral coordinators: (515) 274-3400 or (800) 806-9934.