

Dose Optimization Program Drugs
Effective 4/1/09

Please contact your clinician to determine the right dose and strength for your situation. Not all dosing options are listed. New drugs will be added as appropriate. Please check www.wellmark.com for an up-to-date list of drugs.

| Drug Brand Name | Current Dosing Schedule | Target Dosing Schedule |
|------------------------------|---|--|
| Azor 5-20mg | If taking two Azor 5-20mg per day | Move to one Azor 10-40mg per day |
| Cenestin 0.625mg | If taking two Cenestin 0.625mg per day | Move to one Cenestin 1.25mg per day |
| Coreg CR 10mg | If taking two Coreg CR 10mg per day | Move to one Coreg CR 20mg per day |
| Coreg CR 20mg | If taking two Coreg CR 20mg per day | Move to one Coreg CR 40mg per day |
| Coreg CR 40mg | If taking two Coreg CR 40mg per day | Move to one Coreg CR 80mg per day |
| Crestor 5mg | If taking two Crestor 5mg per day | Move to one Crestor 10mg per day |
| Crestor 10mg | If taking two Crestor 10mg per day | Move to one Crestor 20mg per day |
| Crestor 20mg | If taking two Crestor 20mg per day | Move to one Crestor 40mg per day |
| Effexor XR 37.5mg | If taking two Effexor XR 37.5mg per day | Move to one Effexor XR 75mg per day |
| Effexor XR 75mg | If taking two Effexor XR 75mg per day | Move to one Effexor XR 150mg per day |
| Januvia 25mg | If taking two Januvia 25mg per day | Move to one Januvia 50mg per day |
| Januvia 50mg | If taking two Januvia 50mg per day | Move to one Januvia 100mg per day |
| Lescol 20mg | If taking two Lescol 20mg per day | Move to one Lescol 40mg per day |
| Lexapro 5mg | If taking two Lexapro 5mg per day | Move to one Lexapro 10mg per day |
| Lexapro 10mg | If taking two Lexapro 10mg per day | Move to one Lexapro 20mg per day |
| Lipitor 10mg | If taking two Lipitor 10mg per day | Move to one Lipitor 20mg per day |
| Lipitor 20mg | If taking two Lipitor 20mg per day | Move to one Lipitor 40mg per day |
| Lipitor 40mg | If taking two Lipitor 40mg per day | Move to one Lipitor 80mg per day |
| Lotrel 2.5/10mg* | If taking two Lotrel 2.5/10mg per day | Move to one Lotrel 5/20mg per day |
| Lotrel 5/10mg* | If taking two Lotrel 5/10mg per day | Move to one Lotrel 10/20mg per day |
| Lotrel 5/20mg* | If taking two Lotrel 5/20mg per day | Move to one Lotrel 10/40mg per day |
| Norvasc 2.5mg* | If taking two Norvasc 2.5mg per day | Move to one Norvasc 5mg per day |
| Norvasc 5mg* | If taking two Norvasc 5mg per day | Move to one Norvasc 10mg per day |
| Paxil CR 12.5mg* | If taking two Paxil CR 12.5mg per day | Move to one Paxil CR 25mg per day |
| Premarin 0.3mg | If taking two Premarin 0.3mg per day | Move to one Premarin 0.625mg per day |
| Premarin 0.45mg | If taking two Premarin 0.45mg per day | Move to one Premarin 0.9mg per day |
| Premarin 0.625mg | If taking two Premarin 0.625mg per day | Move to one Premarin 1.25mg per day |
| Rapaflo 4mg | If taking two Rapaflo 4mg per day | Move to one Rapaflo 8mg per day |
| Toviaz 4mg | If taking two Toviaz 4mg per day | Move to one Toviaz 8mg per day |
| Venlafaxine ER 37.5mg | If taking two Venlafaxine ER 37.5mg per day | Move to one Venlafaxine ER 75mg per day |
| Venlafaxine ER 75mg | If taking two Venlafaxine ER 75mg per day | Move to one Venlafaxine ER 150mg per day |
| Venlafaxine ER 75mg | If taking three Venlafaxine ER 75mg per day | Move to one Venlafaxine ER 225mg per day |

*Also applies to generic equivalent